## I CLAIM:

- 1. A side sleeping pillow combination comprising:
- a main pillow cushion having an underside, a front and rear edge, and a pair of side edges; and
- a side pad adjacent each of said side edges, said side pad capable of folding under said main pillow whereby a space is created between said side pads, said space traversing the underside of said main pillow from said front edge to said rear edge.
- 2. A side sleeping pillow as defined in claim 1 wherein said side pads include a pair of pads with spacing therebetween.
- 3. A side sleeping pillow as defined in claim 1 further comprising a pillowcase for providing the associated spacing between said pillow and said pads.
- 4. A side sleeping pillow as defined in claim 2 further comprising a pillowcase for providing the associated spacing between said pillow and said pads.